

Family Caregivers & Health Care Professionals Working Together	Patient:	Med Rec #:
Date://	Caregiver:	Relationship:
Staff:	Caregiver contact information and best time to talk:	
Facility:		

## What Do You Need as a Family Caregiver?

## What Training Do You Need to Help Your Family Member?

Family caregiver states: <u>Tasks that need to be done</u>	I am able to help WITHOUT training	I am able to help WITH training	I am unable to help
Bathing (washing in the shower, bath, or sink)			
Dressing (getting dressed and undressed)			
Eating			
Personal hygiene (such as brushing teeth)			
Grooming (such as washing hair and cutting nails)			
Toileting (going to the bathroom or changing diapers)			
Transfer (such as moving from the bed to a chair)			
Mobility (includes walking)			
Medication (ordering medications, organizing them, and giving all medications as prescribed)			
Managing symptoms (such as pain or nausea)			
Equipment (such as oxygen, IV, or infusion)			
Coordinating the patient's care (includes talking with doctors, nurses, and other health care workers)			
Making and keeping appointments			
Driving or helping with transportation (such as car, bus, or taxi)			
Household chores (such as shopping, cooking, and doing laundry)			
Taking care of finances (includes banking, paying bills, forms and applications)			